



# North Epping Rangers Sports Club

Football Netball Tennis

## HEALTH AND SAFETY POLICY

### PURPOSE

To provide a safe and healthy sporting club environment for players, spectators, volunteers, coaches and officials. This policy encourages everyone to take a role in accident / incident prevention.

### POLICY STATEMENTS

North Epping Rangers Sports Club is committed to keeping all people associated with the Club safe and to managing any accidents and /or incidents in a manner which minimizes harm to individuals and the organisation.

The Club will adhere to all safety related directives from any of its governing bodies

- Everyone involved with the Club is encouraged to contribute to accident prevention by reporting potential risks or dangers on sighting
- Working With Children Checks are compulsory for all volunteers who are likely to have contact with minors
- The Club aims to have first aid equipment available for competition and training at its home grounds
- In the case of an accident occurring where there are no trained personnel present, club representatives will act on the side of caution and will seek medical assistance, or ambulance support
- Club coaches will ensure that players utilise personal safety equipment and that general playing equipment is well maintained
- Club officials will regularly inspect playing surfaces to determine safety including the removal of any temporary hazards
- Accidents and incidents will be documented on an accident register including the actions undertaken by Club personnel. This register will be kept by the Secretary and will be regularly reviewed by the Committee to assess risk management strategies as required
- The Club promotes fair play in accordance with the rules of the sport and adheres to the Club's Code of Conduct

- The Club is a smoke-free organisation and does not permit smoking in or around the clubhouse facilities, courts, or fields, or in vehicles used to transport players
- The Club encourages all coaches to adopt a health promotion approach to player welfare including adoption of good warm-up, hydration, SunSmart, and injury management practices.